

School-based Healthcare in Ohio

Mary Kay Irwin, EdD Senior Director, School Health Nationwide Children's Hospital

Francie Wolgin, MSN Executive Director Growing Well

Adrienne Sirbu, MHI, BSN, RN School Nursing Supervisor Cincinnati Health Department

Kelly Vyzral Senior Health Policy Associate Children's Defense Fund-Ohio

February 11, 2022





About CDF-Ohio

Founded in 1981, Children's Defense Fund-Ohio champions policies and programs that lift children out of poverty, protect them from abuse and neglect and ensure their access to appropriate and targeted health care, quality education and a moral and spiritual foundation.

To support children and families in Ohio, CDF-Ohio works to improve healthcare access and health outcomes for children and their families, stop the push out of students from our schools due to zero tolerance school discipline practices, create a juvenile justice system that rehabilitates our youth and reduces recidivism, build a high quality and stable early childhood care and education system, and harness the statewide and national CDF youth and community networks to change the lives of Ohio's children.



Reaching the Finish Line



Making sure all children have health coverage and access to services.

- Improving the rates of eligible children who are covered by Children's Health Insurance Program (CHIP).
- Making sure children have access to health care so they can thrive and flourish.

We want to thank and recognize the generous supporters of this work:

Sisters of Charity Foundation, St. Luke's Foundation of Cleveland, Medical Mutual Foundation, Bruening Foundation





What School Health Is Not

Common Misconceptions



Newest strategy for healthcare providers to make a lot of money



A way around parental involvement in care



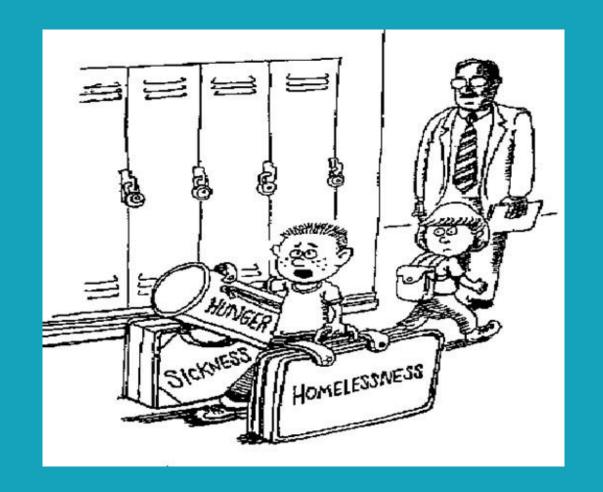
A scheme to eliminate school nursing



Simply sending a provider to a school with a stethoscope







The Why

"Could someone help me with these? I'm late for math class."



Why in Ohio?



Only 54% of Ohio's children have an established medical home¹

Healthcare Interactions among Medicaid-Enrolled Students in Ohio²





Nearly 50% of students who fail school vision screenings do not receive needed follow-up care³

- 1) HPIO; 2021 Health Dashboard
- 2) Ohio Healthy Students Profiles, Ohio Department of Medicaid, Ohio Department of Education
- 3) Ohio Optometric Foundation



children's defense fund ohio

The Opportunity

Social Determinates of Health



Ohio's Whole Child Framework







So what is School Health?

A partnership...

designed to create
critical access



Various Models



Fixed Site in school



Mobile Vans
/ Trucks



Mobile Providers



Telehealth



Hub & Spoke





Various Models

















Scope

Type

- Primary Care
- Dentistry
- Vision
- Chronic Disease
 Management Programs
- Vaccine Programs
- Mental Health

Commonalities

- Comprehensive in nature
- Minimize referrals out
- Target those without a medical home
- Medical home + linked to 24/7 care
- Consented care for youth
- Serves students, youth from surrounding community & sometimes adults (e.g., teachers, parents, grandparents)





Staffing

- Lean staffing models
 - Fewer
 - APN vs MD
- Work to top of their license
- Wear multiple hats
- Ingrained in school culture



Partnership for Success

Nursing in Schools

Direct Nursing Services

Triage

Medication Administration

Health Care Education

Emergency Plans

Training School Staff

Health Assessments

School Health Environment

Health Policies and Programs



School-Based Health Center

Well-Child Care Physicals
Immunizations
Chronic Disease Treatment
Laboratory Services
Primary Care Mental Health
Teen Health
Sports Physicals
Work Permits
Sick Visits
Referrals for Specialty Care



Primary Role for Schools

- Provide space, tech & utility access
- Partner on outreach
- Assist with data analysis
- Identify point person / liaison for relationship management
- Identify frontline staff for care coordination





Primary Role for Providers

- Provide staff & equipment
- Link to 24 / 7 care
- If not the medical home, reconnect students to medical home provider
- Partner on outreach
- Assist with data analysis
- Identify point person / liaison for relationship management
- Identify frontline staff for care coordination







Sustainability

- Organizational and work alignment
- Building level meetings
- Steering team meetings
- Jointly established goals
- Accountability structure
- Outside funding



Outcomes



- Improved access to care and insurance coverage
- Improved physical and mental health outcomes
- Reduced hospitalizations
- Community members experience optimal health



- Lower rates of absenteeism
- Fewer disciplinary referrals
- Improved grades and test scores
- Improved classroom management
- Improved community perception of school quality or safety



State Landscape

- Providers: combination of large hospital systems, community hospitals, community health centers, FQHCs, health departments
- Varied funding: Medicaid and some private insurance, grants, donors & some motivated by cost savings strategies
- Frequently comprehensive care and coordinated with school-based Behavioral Health
- Growing interest in telehealth







Why we need more

- Too many of Ohio's youth do not have access to routine, high quality healthcare
- School leaders across the state continue to endorse many nonacademic barriers to learning











Barriers / Risks

- Can take up to 3 5 years to reach maturation
- Can be challenging to cover expenses
- Some potential partners may not be able to provide continuity of care
- Small schools cannot sustain an SBHC; yet have great need



Solutions

Funding:

- Start-up capital costs
- Initial general operating support
- Consider reimbursement rates to mimic FQHC model

More Providers:

- Technical assistance
- Support for more providers to establish hub & spoke models





Questions?







children's defense fund ohio

395 East Broad Street, Suite 330

Columbus, OH 43215

(614) 221-2244

www.cdfohio.org